

# MENÚ DESAYUNO BREAKFAST MENU



*The Ridge*  
Restaurant

## **Jugos frescos de la temporada / Fresh juices**

Naranja / Orange

Toronja / Grapefruit

Piña / Pineapple

Verde (apio, naranja, perejil y nopal) / Baja green (celery, pineapple, parsley & cactus)

## **Ensalada de frutas tropical / Tropical fruit platter**

Fruta de temporada servido con yogurt y miel

Seasonal fruits served with yogurt & honey

## **Ridge "Vitamina C"**

Supremas de naranja, toronja, fresas y mango (según temporada)

Citrus segment, strawberries & mango (seasonal)

## **Variedad de cereales / Assorted cereals**

### **Avena / Oatmeal**

Avena con leche o agua / Oatmeal with milk or water

## **Desayuno americano / American breakfast**

Jugo fresco de naranja / Fresh squeezed orange juice

Plato de fruta de temporada / Seasonal fruit plate

Dos huevos fritos, pochados o revueltos / Two eggs over, scramble or poached

Papa hash brown / Hash brown

Café regular o descafeinado / Regular or decaf coffee

## **Desayuno continental / Continental breakfast**

Jugo fresco de naranja / Fresh squeezed orange juice

Plato de fruta de temporada / Seasonal fruit plate

Pan integral tostado o pan dulce / Wheat toast bread or sweet rolls

## **El taco mañanero / Wake up taco**

Burrito de huevo con tomate, cebolla, queso, cilantro, salsa ranchera y crema

Big burrito with scramble eggs, tomato, onion, "ranchera" sauce, cheese & sour cream

## **Huevos divorciados / Eggs "divorciados" style**

Dos huevos fritos sobre tortilla de maíz bañados con salsa verde y roja

Two eggs over corn tortilla with red and green sauce

## **Huevos motuleños / Eggs "motuleños" style**

Dos huevos fritos, salsa ranchera, jamón y chicharos, servidos con tamal de plátano y queso

Two eggs over, "ranchera" sauce, ham, green peas, served with mashed banana and cheese tamal

## **Huevos con jamón / Eggs with ham**

## **Huevos con salchicha de pavo o puerco / Eggs with turkey or pork sausage**

## **Huevos con tocino / Eggs with bacon**

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## **Huevos benedictine / Eggs benedictine**

Dos huevos pochados bañados con salsa holandesa, gratinados, sobre muffin inglés y jamón  
Two poached eggs, stacked on toasted english muffins, with ham & brulee hollandaise sauce

## **Tortilla española / Spanish omelet**

Dos huevos hechos tortilla, papa, tocino y cebolla  
Two eggs, sliced potato, bacon and onion

## **Omeletes / Omelets**

Ingredientes a seleccionar: jamón, tocino, salchicha de puerco o pavo, cebolla, tomate, champiñones, pimiento verde, espinacas, queso gruyere, queso de cabra o cheddar americano  
Select your own ingredients; ham, bacon, link sausage, onion, tomato, mushroom, bell green pepper, spinach, gruyere, goat cheese or american cheddar

## **Bagel / Toast bagel**

Con salmón, alcaparras y queso crema / With salmon, capers and cream cheese

## **Waffles belgas / Belgian waffle**

Servidos con fruta de temporada y crema batida / Served with seasonal fruit & whipped cream

## **Hot cakes / Buttermilk pancakes**

Servidos con fruta de temporada / Served with seasonal fruit & whipped cream

## **Pan frances / Spiced cinnamon french toast**

Servidos con fruta de temporada / Served with seasonal fruit

## **Especialidades risco / The ridge specialties**

### **Huevos rancheros / Eggs "rancheros" style**

Dos huevos fritos sobre tortilla de maíz bañados con salsa ranchera  
Two fried eggs served over a fried corn tortilla with salsa "ranchera"

### **Chilaquiles con pollo / Chilaquiles with chicken**

Servidos con salsa verde o salsa roja, queso gratinado, crema y cebolla  
Served with green sauce or red sauce, melted cheese, onion and sour cream

### **Chilaquiles con huevo / Chilaquiles with eggs**

Servidos con salsa verde o salsa roja, queso gratinado, crema y cebolla  
Served with green sauce or red sauce, melted cheese, onion and sour cream

### **Puntas de filete / Tenderloin beef strips**

Servidos con salsa de chipotle y cilantro acompañadas con tortillas  
In chipotle-cilantro sauce, served with corn or flour tortillas

### **Huevos a la mexicana / Eggs "mexican style"**

Dos huevos revueltos con cebolla, tomate y pimiento verde o en burrito de tortilla de harina  
Scrambled with onion, tomato and green pepper or in crispy burrito

## **Ordenes extra / Extra orders**

Pan dulce / Sweet rolls

Pan tostado / Toasted bread

Jamón / Ham

Papa rayada / Hash brown

Tocino / Bacon

Frijoles / Fried beans

Salchicha de puerco o pavo / Pork or turkey sausage

Salsa / Salsa